

Recipe for a Total Fashion Look



1. Dressing in all one color (monochromatic) will help give the illusion of appearing 10-20 pounds thinner and 3 inches taller. Each horizontal line break of color adds pounds. Wear your best color close to your face.
2. Know what color jewelry looks best on you—
Cool skin undertones—Silver
Warm skin undertones—Gold
3. Next, add one pair of hose that match either your hemline, shoes or both. This will give you additional height. Never wear hose that are darker than your shoes. It cuts off the bottom of your body and makes your feet appear larger.
4. Add 1 jacket to give you a professional, executive look. This also adds vertical lines which have a slenderizing effect. Leave your jacket unbuttoned.
5. Toss in 1 pair of shoulder pads under every garment. Over 90% of women should be wearing them. They add 2 inches to your height and square up sloping shoulders.
6. When wearing pins, place them at the base of the shoulder pad (not on the lapel) to draw attention up to your face and away from your hips.
7. Add 1 pair of sleeve bands and push up sleeves to take another 10 pounds off your appearance.
8. The focus of every great look is the face. To brighten it, use lipstick and eye make up to accentuate the eyes and lips.
9. Earrings are as much a finishing touch as your lipstick. Larger earrings can take 10 pounds off your appearance. Since most large earrings are clip, try our newest comfort squeeze clip, self-adjusting earrings.
10. Be sure your earrings compliment the shape of your face. If you don't want to emphasize the shape of your face, don't repeat that shape with your jewelry.
11. Remember the 4" Rule. If a necklace extends below a neckline, it should fall at least 4" below the neckline for a polished, balanced look. If a dress or blouse is tucked in, the necklace should be a minimum of 3" to 4" above the waistline.
12. Don't forget to take one head of hair and give it a great cut!
13. When you serve up this "dish," do so with a genuine smile that comes from your heart. Such will add the finishing touch that will make you and your recipe a hit with everyone.