## **Strengths of a Phlegmatic-**The Introvert The Watcher | The Pessimist

BY www.oneishy.com

## The Phlegmatic's Emotions

Low-key personality

Easygoing and relaxed

Calm, cool and collected

Patient well balanced

Consistent life

Quiet but witty

Sympathetic and kind

Keeps emotions hidden

Happily reconciled to life

All-purpose person

# The Phlegmatic As A Parent

Makes a good parent

Takes time for the children

Is not in a hurry

Can take the good with the bad

Doesn't get upset easily

## The Phlegmatic At Work

Competent and steady

Peaceful and agreeable

Has administrative ability

Mediates problems

Avoids conflicts

Good under pressure

Finds the easy way

### The Phlegmatic As a Friend

Easy to get along with

Pleasant and enjoyable

Inoffensive

Good listener

Dry sense of humor

Enjoys watching people

Has many friends

Has compassion and concern

### Weaknesses of a Phlegmatic-The Introvert The Watcher | The Pessimist

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#### The Phlegmatic's Emotions

Unenthusiastic

Fearful and worried

Indecisive

Avoids responsibility

Quiet will of iron

Selfish

To shy and reticent

Too compromising

Self-righteous

# The Phlegmatic As A Parent

Lax on discipline

Doesn't organize home

Takes life to easy

# The Phlegmatic At Work

Not goal oriented

Lacks self motivation

Hard to get moving

Resents being pushed

Lazy and careless

Discourages others

Would rather watch

#### The Phlegmatic As a Friend

Dampens enthusiasm

Stays uninvolved

Is not exciting

Indifferent to plans

Judges others

Sarcastic and teasing

Resists change