

# **Joy-Producing Thoughts!**

Taken from THE 4:8 PRINCIPLE by Tommy Newberry

"Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-meditate on these things" Phil 4:8

**I expect the best , and it shows!**

**I trust God, He knows what he's doing.**

**I am responsible.**

**I take deliberate action to reach my goals.**

**I now accept the best that life has to offer.**

**My metabolism works effectively**

**I believe in the most perfect outcome of every challenge in my life.**

**I'll figure out how to earn it.**

**I am healthy and strong**

**I have boundless energy!**

**I surround myself with WINNERS!**

**I experience abundance now and forever.**

**God has great plans for me!**

**Everything I need, I already have.**

**My brain works perfectly.**

**With God, my future keeps getting better and bigger.**

**My memory is crisp and vivid.**

**I change what I need to change.**

**I'm making progress.**

**I control my thoughts.**

**I am transformed by the renewing of my mind.**

**With Christ, I am unstoppable.**

**I can improve this situation.**

**I ask, and I receive.**

**I am supercharged with joy.**

**I am ready for my breakthrough.**

**I am BOLD.**

**I am lovable.**

**I think about what is good, just, and gracious.**

**I am learning a lot through this experience.**