## 21 Ways to Define a Positive Attitude

- 1. It is looking adversity in the eye... and laughing.
- 2. Getting what you get, and not pitching a fit.
- 3. Enjoying the unexpected, even when it's not what you wanted originally.
- 4. Motivating those around you with a positive word.
- 5. Using the power of a smile to reverse the tone of a situation.
- 6. Being friendly to those you don't know.
- 7. It's getting back up when you fall down. (No matter how many times you fall down.)
- 8. Being a source of energy that lifts those around you.
- 9. Understanding that relationships are more important than material things.
- 10. Being happy even when you have little.
- 11. Having a good time even when you are losing.
- 12. Being happy for someone else's success.
- 13. Having a positive future vision, no matter how bad your current circumstances.
- 14.Smiling.
- 15. Paying a compliment, even to a total stranger.
- 16.Tell someone you know that they did a great job. (And mean it.)
- 17. Making someone's day. (Not just a child's... adult's like to have their day be special, too!)
- 18. It's not complaining no matter how unfair things appear to be. (It is a waste of time... instead do something!)
- 19. Not letting other people's negativity bring you down.
- 20. Giving more than you expect to get in return.
- 21.Being true to yourself... always.